

Integrated Social & Institutional Development for Empowerment



inSIDE North East

"Changing Lives, Changing Destinies"



SHOT ON REDMI NOTES PRO
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2021-22

Annual Report

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Inside Story – How it begins

Integrated Social & Institutional Development for Empowerment in short InSIDE-North East as a not for profit organisation is the culmination of passionate youth's quest for a better society free from violence and poverty. This youth grew up in conflict environments and experiences all the hardship of life. The sight of the pathetic life condition of people (young people and women) especially victims of conflict and the failure of government machinery provoke them to action.



Overflow with the passion to do something to better the plight of the people they began to take up music as one tool to mitigate the suffering of the people and create resilience through awareness.

With the passage of time the organisation grows and began to work professionally with specific issues such as Women Empowerment, Children & Youth Development revolving around education, livelihood sustainability, skill development, health and gender equity. The organisation worked in an integrated manner with the above thematic areas under one vision and one mission. It is registered under section 7(1) of the Manipur Societies Registration Act, 1989, 12AA of Income Tax Act, 1961 and under Foreign Contribution Act (FCRA) .

One thing InSIDE-North East is proud of is the cooperation, trust and love of the community people.

Our desire future:

InSIDE-North East wants to see a just and peaceful society by being more a platform and less an organisation through a strong network with likeminded organizations where empowered people reclaim their legitimate rights & entitlements and lead a dignified and self-reliant life free from violence.

InSIDE-North East would like to achieve its desire future by empowering the powerless, building their confidence and skills, ensuring their livelihood and helping them connect with what is beautiful in their cultural milieu.

Key thematic intervention:

Our key thematic areas of intervention:

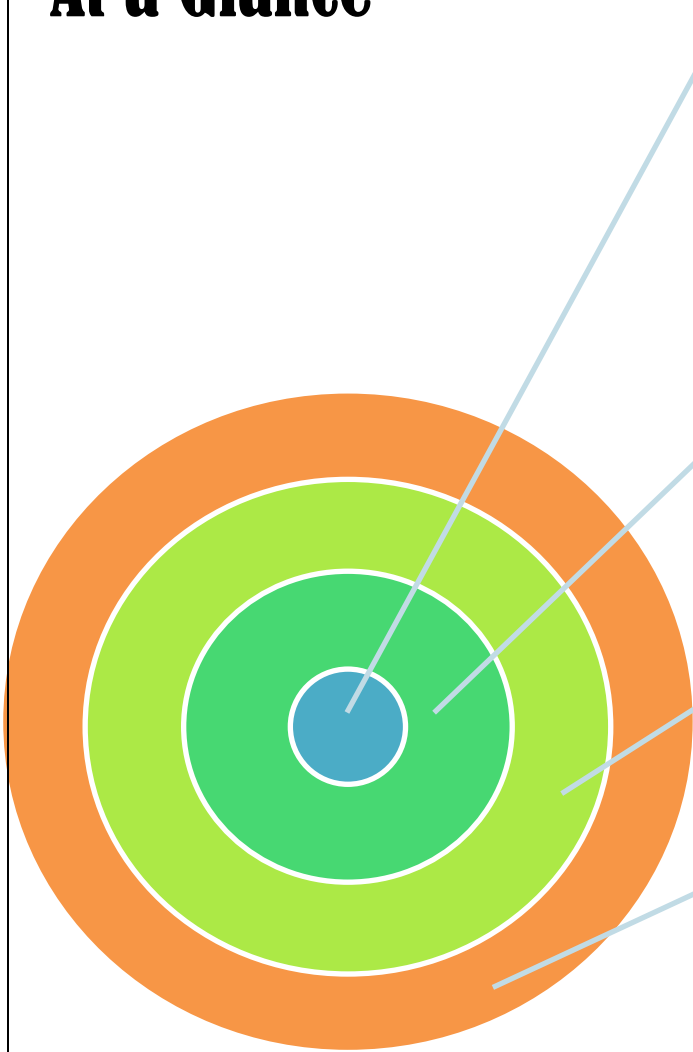
- ☞ Children & Youth development
 - through Education & Life skills development
- ☞ Women empowerment

CORE VALUES

REAL - I



At a Glance



Children:

- 10 book banks
- Joyful & learning through Plays
- Exposure visit
- Pen pal - bridging cultural gap
- Life skills: Decision making, critical thinking, team work etc
- Anti Tobacco Campaign

Youth

- Music & Sports. Exhibition
- Vocational Skill Training
- Career Guidance & Counseling
- Samvidhan Live -Active Citizenship
- Medical Camp & Health Awareness

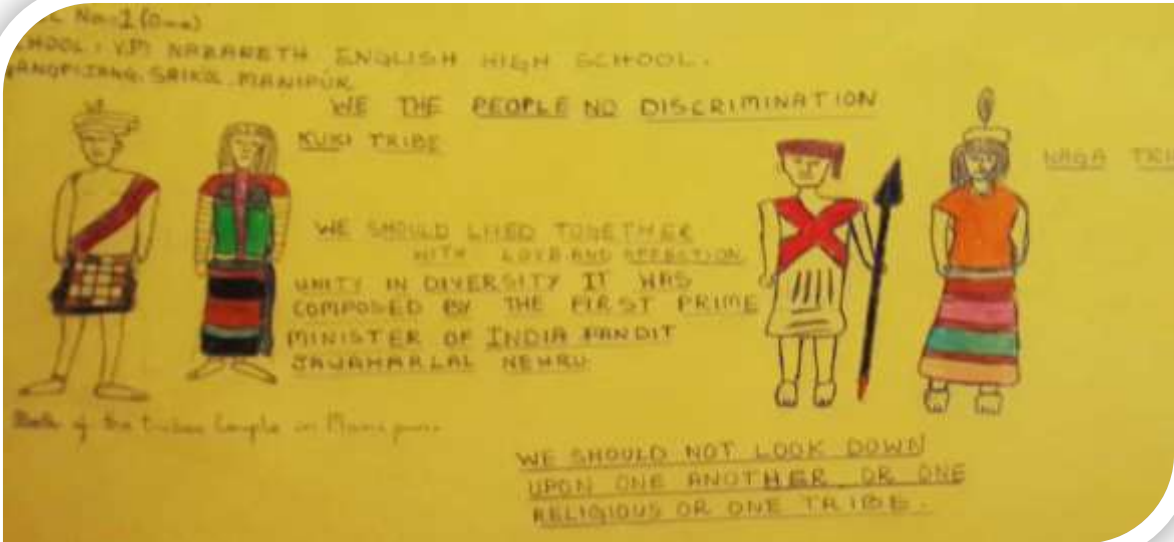
Women & Girls

- Leadership Training
- Vocational Training
- Micro-enterprise Support
- Awareness on Health & Hygiene, Rights & Entitlements

Impacts

- 1700 Children laerned consciours citizenry through grass root education & anti-tobacco campaign
- 500 youth mainstream through sports
- 250 women started their own small business
-

Children speaking out their mind on discrimination



EDUCATION

- 10 Book Bank
- 10 Shom-inn (Children Club)
- more than 1000 children access the book banks

Physical Space

Joyful Learning

- 500 children improved their learning through plays & other games
- Gender sensitivity - understanding girls and their situation by boys through ultimate freesbie
- Puppet making

- 250 children discovered their dream and build road map to achieve it
- Improved self-confidence (Believe in self)
- More oriented in studies

Career Guidance



“Being part of the Shom-inn (Children Club) and member of Book Banks and the various activities I could improve my personalities and life skills – I learned the importance of coordination,

time management, and hard work while playing in team. It also helped me learned and understand the feeling of others especially that of girls. I started washing my cloth, mope the floor and clean the dishes”

- **Mr. Thangminsei Lhanghal**

“My regular visit to the book bank improved my reading skills apart from enhancing my knowledge. The books are colorful and interesting – colorful pictures helped me better understand the stories. One most important things for me is the discovery of my dream with the guidance of InSIDE-North East in the Career Guidance & Counseling. They helped me come up with a clear road map on how to achieve my dream. It is always a source of energy in my studies”. – Miss Ngahneihing Chongloi

Book Banks are not only a place where books are kept and children come and read. It is also a platform where young people have their own space learning through experiments and experiences. They share their thoughts, ideas and plan together: co-create, co-own and co-lead. **Shom-inn** is a children club that manages the Book Bank.

SKILL BUILDING

- 500 youth hone their life skills through sport such as team work, time mangement, analytical thinking etc.

Sports

Vocational Training

- 10 girls get placement and started earning
- 40 Girls trained in Beauty & Wellness

- 50 boys build their skills in traditional craft making
- Traditional skills which is waning in young people is patronized

Craft Making



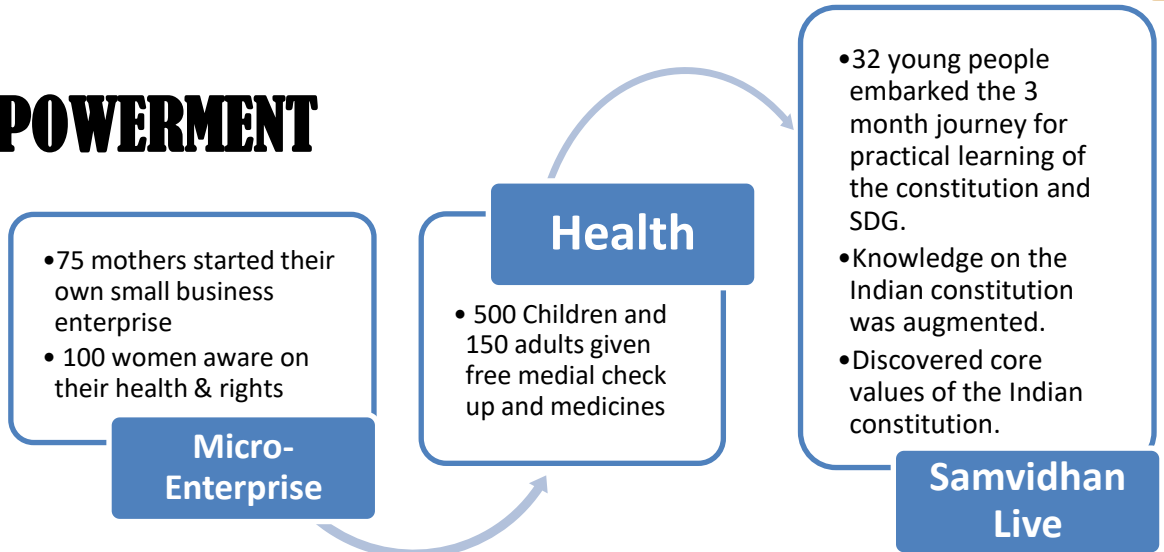
Mr. Paominhao is one of the active Shom-inn members who took part in various Shom-inn activities, he said, ***“The craft making training organized by InSIDE-North East really benefited me. I build my skills on how to make traditional baskets and other craft items. The tradition skills of the aged people which are almost dying is now revived in me and I will ensure to pass on to the next generation. While learning the craft making my life skills such as critical thinking, logical reasoning and observation are also enhanced”.***

“I was a shy girl, never had confidence in myself. The Beauty & Wellness Training not only builds my vocational skills but also my awareness on the status of girls and their rights. I got placement in Bangalore where my safety as a girl is ensure. I could now support my family and sibling’s education. I am no longer a simple girl but one with confidence and dignity”

- Miss Boineng Kipgen



EMPOWERMENT



Mr. K. Mangremthang & Miss Nenghoithem Telien Top Jagrik Pair from Manipur represented the state in Delhi Culmination Event

Be a Jagrik project totally change our whole perspective on education. Putting into action whatever we learn in the classes is never in our mind. We simply study so that we get good grade in exams.

This project enabled us to reach out to diverse group of people and extend our helping hand.



It also helped me better understand the society – the realities of the world.

We visited and talked to people who randomly fell trees worsening the global warming and disturbing ecology. Interacted with people who don't understand how precious water is and wasted it. We don't know how much they will live up to their word but one thing we are sure is that they are much aware of the importance of preserving ecology and water.

Now we valued our education – we will try our best to put into practice whatever we learned from the classroom.

Father Killed but determined to become Doctor

Chochoi Lhanghal, 12 years old girl is a daughter of Akim Lhanghal of Lajangphai village Saikul, Kangpokpi Dist. Manipur. She is the eldest daughter in the family and has 2 siblings. She is now in 4th standard.

Lhingminchoi started her schooling since her childhood without proper guidance and dream. For her going to school is just for meeting friends, enjoy games and merely fulfil the home assignment without proper aim in life.

In the mean while the InSIDE-North East launched a developmental project in the village and she also became one of the active members in the book bank/Shom-in activities. Through the program activities such as career guidance, Quiz competition, accessing book bank, free tuition class etc. she

learned about the importance and ways of reading books, building her self confidence in expressing her views and thought, she also learned that hard work beats talent. She started discovering her aim in life – serving people in need especially the sick people. She aspires to become doctor in future.

Unfortunately her father was mercilessly shoot dead in broad day by armed militant on his way back from dropping his children to school.

Everything seems to fade away while losing her precious father in her young age. Even then her sheer dogged determination persuade her to focus on her cherish dream though in spite of losing her dear father.



“I was so fortunate to be part of Shom-in where I could start building my personality and career. The team helped me in building a strong determination to achieve my dream in life. A big thanks to InSIDE North East” (Chochoi Lhanghal)

POVERTY DOESN'T STOP HER

Miss *Tingmila Doungel* 14 years old is daughter of Mr. Lunsat Doungel of T. Gamdeiphai village, kangpokpi District, Manipur. She is the fourth daughter in the family and also one of the active Shom-in members. She used to get awards and medals during the Shom-in Olympic InSIDE-North East. Her sister Tingneihoi @ Doungel was the Semang (which means Chairperson) at T.Gamdeiphai Shom-in Bebem during 2013-2016.

To become a good sport person was her aspiration since her childhood in spite of her poor family economic background but with dogged determination she keep on moving till she fulfill her cherished dream. The Shom-in Olympic catapults her to become a successful boxer by joining the Mary Kom Boxing Academy.

Her dream to excel in the field of games and sports let her to be part in the Mary Kom Boxing Academy, Manipur in 2015.



Mary inspired her but also mentor her as she is one of the brightest prospects from the Mary Kom Boxing Academy in Manipur.

Coming from background with no money, no food, no shoes and parent's lack of interest in sports are only the beginning of the many obstacles that dragged Tingmila miles away from pursuing a life of an athlete. It all though changed as she saw the biopic on the Olympic Medalist; she turned the tide despite of all

the challenges and hardships as she decided to go ahead and fulfill her dream of becoming a boxer.

While she took up boxing, it was a matter of time when the scouters from Mary Kom Academy spotted her and took her under their wraps. Since then Tingmila dreams about only one thing, "to play for India and win medals".

While talking about Mary Kom's contribution to her growth, she says, "I had nothing to start with but I got everything at the Academy. There were times when I didn't even have money to go for the tournaments but Mary ma'am looked after all of it. I come from a poor family and I want to do well in boxing so that parents don't have to struggle anymore and I can take care of them."

She finished with gold in the same light weight 48 category as her idol, at the 13th Silesian Boxing Champion in Poland. Though, Tingmila had already established her credentials prior to that too, when she had won silver medals at both national and international competition and khelo India Games.

While in Poland the teenage boxer had the opportunity to fight her final bout while her idol, the boxing legend watched and guided her from the side line. Reminiscing her experiences, she said, "It was dream come true to play in front of her. I was very nervous in the beginning but she calmed me down and guided me home".

The fourteen year old has already set the bar high and she wouldn't settle for anything less than an Olympic Medal like her idol, as she marches on her mission.

Tingmila becomes a source of inspiration to all village children. They began to believe that impossible can be turned into I'm possible.



**TEAM
INSIDE-NORTH EAST**



Financial Statement

অসম ৰাজ্যিক অৰ্থনৈতিক সঙ্ঘৰ
S.L. Gangwal & Company
Chartered Accountants



Thangal Bazar,
Imphal (Manipur)

INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE NORTHEAST)
THANGAL BAZAR, P.O. SAKUL, SAGAR HILLS
IMPHAL-791118

INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2022

EXPENDITURE	AMOUNT	INCOME	AMOUNT
To CHARITABLE Expenses :- (As per schedule "A")		By Child Fund Received	512,824.00
To Civil Accommodation, Prevention & Rehabilitation :- (As per schedule "B")	773,335.00	By Bank Interest (General A/c)	54,188.00
To General Expenses :- (As per schedule "C")	1,163,603.00	By Bank Interest (PORA A/c)	12,505.00
To Non-FC Local Fund :- (As per schedule "D")	45,488.88	By KFS Fund	1,330,732.00
To KFS Expenses :- (As per schedule "E")	714,552.00	By Fund Received from grants for Change (Non-FC)	300,000.00
To PNF & TDH Expenses :- (As per schedule "F & G")	833,202.00	By Covid Emergency Fund received (Non-FC)	647,000.00
To FCIA/Local Grants	1,452,700.00	By TDH Fund	1,262,996.00
To Depreciation	4,273.00	By Misc. Receipts	2,736,381.22
To Interest on long term loan	276,803.00	By Utilised project Fund	13,148.26
TOTAL:	2,016,749.73		1,306,821.98
TOTAL:	9,330,256.61	TOTAL:	9,330,256.61

As per our report of same date annexed

Place: Imphal

Date: 12th September, 2022
S.No.: 222110107AT/ACV/222



For S.L. GANGWAL & CO
Chartered Accountants

Michael Jam
Partner
M. No. 311107
FR No. 084629K

Director
Integrated Social & Institutional
Dev. for Empowerment

অসম ৰাজ্যিক অৰ্থনৈতিক সঙ্ঘৰ
S.L. Gangwal & Company
Chartered Accountants



Thangal Bazar,
Imphal (Manipur)

INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE NORTHEAST)
THANGAL BAZAR, P.O. SAKUL, SAGAR HILLS
IMPHAL-791118

BALANCE SHEET AS AT 31ST MARCH, 2022

LIABILITIES GENERAL FUND A/C	AMOUNT	ASSETS & PROPERTIES	AMOUNT
By Bank Balance	24,819.55	(As per schedule "G")	1,286,407.00
By Cash in hand	2,016,749.73		
By Misc. Income	2,341,822.26		
TOTAL:	3,083,721.48	TOTAL:	3,083,721.48

As per our report of same date annexed

Place: Imphal

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For S.L. GANGWAL & CO
Chartered Accountants

Michael Jam
Partner
M. No. 311107
FR No. 084629K

Director
Integrated Social & Institutional
Dev. for Empowerment

Our heartfelt thanks to our partners
who make it possible for us to bring smile to the people:



Consumer Products Ltd.

