



Annual Report **2016-17**

"Changing lives, changing destinies"



inside

North East

Integrated Social & Institutional Development
for Empowerment

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Progress is impossible without **change**, and those who cannot change their minds cannot **change** anything. **Change** is the law of life. And those who look only to the past or present are certain to miss the future.

We grow that other may also grow



It is a natural phenomenon for a living organism to grow, but growing to a desire form is more important than just growing. To grow into that desire form or shape one has to undergo a chain of struggles and series of changes. The process may be painful but worth paying. Apart from one's efforts to grow the support of the environment is very vital and crucial. I would liken organisation to a living organism that is born to grow.

InSIDE-North East as an organisation grows like a living organism since its birth in 2013, but it's not without struggles. Our growth is not unilateral rather it is bilateral growth. By bilateral growth I mean the conducive environment created by individuals and like-minded organizations in the form of hand holding support and networking.

Our growth in turn help the community people, mostly young people and mothers, to grow. One could see the ray of hope with young people becoming more career oriented and more responsible person. The young shuns violence can be clearly seen from the painting/drawing they made.

I would say that our growth is in a desire shape because ***our vision inspires us, our passion empowers us, and our mission enables us*** to create a remarkable milestone towards a Dynamic future.

Hejang Misao
Founder Director

Inside Story

Integrated Social & Institutional Development for Empowerment (InSIDE-North East) as a not for profit organisation is the culmination of passionate youth's quest for a better society free from violence and poverty. The youth grew up in conflict environments and experiences all the hardship of life. The sight of the pathetic life condition of people (young people and women) especially victims of conflict and the failure of government machinery provoke them to action.

Overflow with the passion to do something to better the plight of the people they began to take up music as one tool to mitigate the suffering of the people and create resilience through awareness.

With the passage of time the organisation grows and began to work professionally with specific issues such as Women Empowerment, Children & Youth Development revolving around education, livelihood sustainability, skill development, health and gender equity. The organisation worked in an integrated manner with the above thematic areas under one vision and one mission. It is registered under section 7(1) of the Manipur Societies Registration Act, 1989 and 12AA of Income Tax Act, 1961.

One thing InSIDE-North East is proud of is the cooperation, trust and love of the community people.

Our desire future:

InSIDE-North East wants to see a just and peaceful society by being more a platform and less an organisation through a strong network with likeminded organizations where empowered people reclaim their legitimate rights & entitlements and lead a dignified and self-reliant life free from violence.

Mission

InSIDE-north east would like to achieve its desire future by empowering the powerless, building their confidence and skills, ensuring their livelihood and helping them connect with what is beautiful in their cultural milieu.

Key thematic intervention:

Our key thematic areas of intervention:

- ☞ Children & Youth development
 - through Education & Life skills development
- ☞ Women empowerment



"Education is the most powerful weapon
which you can use to change the world." - **Nelson Mandela**



Book Bank: Education for all

Our **Guns to Pens** become real with the setting up of Book Banks in 10 villages so far. It serves as the Centre of Learning for young people where they are given space and opportunity to grow intellectually, emotionally, physically and spiritually.

Building Leadership Acumen is an essential part of the book bank through the promotion of Shom-In (*Traditional tribal institution where young people are trained on various essential aspects of tribal life and administration*). Books kept in the book banks are mostly books outside their school syllabus. The whole idea is to enable young people to learn and enhance their knowledge outside the four walls. More than 1000 young people reap the benefits.

BOOK BANK: A **5th SPACE** FOR THE YOUNG PEOPLE

5th space - A platform to **unleash power of young people**. The idea was based on the belief that young people themselves, develop and

grow, deal with conflicts in their lives and take action that benefits them and their surroundings. The 5th space has been designed as a secular, non-commercial

Toffee & Lollipop Pack

Objective: encourage young people to access the book bank, develop the habit of reading and enable holistic learning.

- Education tours once in a year
- **Talk the Read Meet – Quiz Competition**
- Best Book Bank & Best Reader Award
- **Get together in the form of Games & Sports**
- Life skills training support
- **Free Tuition classes**

'hang out' where young people meet, share their views, understand different perspectives, co-create, co-own and co-lead a programs and learn from each other.

Enhancing Knowledge Through Exposure

97 members of Book Banks including volunteers from the project villages embarked *the journey of Learning Trip* by hiring two buses. Places of visit are Sekmai Turel, War Cemetery, Museum, Science Centre, Zoo, and Parks that are educationally important and fun filled places.

The significance of the places visited and their connection with the class learnings was made. In Science Centre each member put their hand on the things related to sciences – sound wave, reflection, vision, telescope, weighing, gravity etc. The visit to museum helped them better understand about the socio-culture of Manipur and its mineral resources. Their knowledge about the state is enriched.

The visit to world war cemetery helped them learn about the fact of war and its catastrophe. The sacrifice made by people in war helped them understand the importance of dying for a cause so that the generation to come may live in peace.



“I made note of what I saw and observed during the educational tour and it really increase my knowledge. Playing with the sciences items in the science center increased my interest in sciences. Whatever I hear, see and touch are meaningful for my career as a student”

**Miss Zouzam Lumpheng,
Phaijang Shom-in**



CAREER GUIDANCES

Objectives:

- To enable students to discover their interest/aims in life and help develop their positive personality.
- To capacitate them to build a perspective planning (workable action plan) on their chosen vision/aim thereby developing value driven life such as
 - Integrity,
 - Honesty,
 - hard work
 - time and personal management

For Better Destinies

Career Guidance & Counseling workshops are conducted in 4 villages and 2 schools keeping in mind the tag given to Saikul “**education dust bin**” of Manipur due to lack of quality education thereby producing the following critical challenges:

- ☞ Lack of Decision Making Skills
- ☞ Low self-image, No clear career goal and planning
- ☞ Limited knowledge on Career Options for the future.
- ☞ Employability question despite their educational background.

270 students are helped to come up with clear career aim and the actionable plan to achieve their set goal/aim.

Tests such as personality, attitude, relationship, IQ tests are conducted to better understand them and guide them accordingly.

Some of the chosen career are – Doctor, Army officer, Nurse, Air Hostess, Engineer, Management, IAS, IPS etc.

The workshop not only helped them come up with clear aim in life, it also helped them understand their personality and work to improve it – like from negative to positive personality (believe in self).

“The best changes in me through this career guidance & counselling workshop is I now belief in myself. I believe I can do”. (Miss **Rukmani Dahal VM Nazareth School**)



OLYMPIC

SPORTS FOR DEVELOPMENT

Sport as part of education is adopted for the holistic development of the young people – mind, health, and spiritual.

By nature young people love sports for which we used it as one mechanism to motivate and teach young people the value of team work, discipline, hard work, persistence, decision making and time management.

Education in the open Spaces

Understanding the power of sports for one's holistic development, The Olympic – Sports for Development was organized for all the Shom-in/Book Bank Members as an open space education. Learning outside the classrooms spurning the traditional method of teaching.

The Olympic was participated by more than 200 young peoples from six project villages. They participated in different sport events such as football, volley ball, races, balloon breaking, tug of war, Gothei Twipoh race (Traditional sport where bamboos are filled with water till the brim and they race)



From this Olympic the young people apart from the trophies and medals they take home with them the importance of decision making, discipline, team work, team coordination, hard work and the importance of time management.



Talk the Read Meet

Quiz Competition cum Cultural Extravaganza

Purposes behind:

- Students read books with intent to learn something meaningful.
- Competitive spirit develop that take them to hard labour.
- Increase knowledge both outside syllabus and within syllabus.
- Confidence level improved – such as confidence to face audience etc.



This year Talk the Read Meet was more entertaining and mesmerizing with the singspiration session led by the shom-in leaders themselves.

Music was used as an icebreaker, it lets the young people open up (become free and frank) to each other. There was also beautiful showcasing of cultural dances from Shom-in/Book Banks members

The quiz competition was done in two part - Junior (Class III-VI) and Senior (Class VII-XII) and questions were set according to the level.

The quiz competition was made in such that every Shom-in member participation was ensure and their book reading become meaningful. Each Shom-in/Book Bank selected four competitors to represent them whereas others are all there to back up the four in the event of difficulties they face on the questions.

There were champion, runner-up and 2nd runner-up. Prizes are only books and charts. The whole idea is that they develop a sense that books are not given freely, they earn them so that they valued them for their best benefit.



Book Bank

Life Making Business

Book Bank are not only a place where books are kept and people come and read.

It is also a platform where young people have their own space learning through experiments and experiences

Rightly Book Bank is a platform for leadership building through 5th Space. Feeling the need to increase the volume of books available in the book bank members of Book Bank embarked upon the fund drive campaign in their own respective village.

A Space for Leadership Building

They call a meeting where they invited leaders from village authority, church leader, youth club and women group offering a cup of tea and some snacks to them.

In the whole process the young people also uphold the tradition such as '**Jubel dop**' – it is the culture of the community to take a **vessel full of wine** to a family from whom they want something especially for a bride. Wine has been replaced with tea (milk, sugar & tea leaves) in tune with Christian ethics in modern day.

As is the tradition – if one partakes the tea/wine he/she is obliged to accept the request even for mercy plea. The invitees touched with such initiative of the young people pledged to give the amount of their contribution towards the book bank.

"I am really surprise that such small and young persons have the guts to stand before the leaders and elders and articulated their wishes strongly and convincingly. I am really proud of them. As the village chief I will take leading role in developing the book bank with whatever resources I have".

Mr. Seimang Lupho, Chief of M. Kholmol



Book Bank

Life Making Business

Exchange Visit

A teacher to each other – as part of learning from one another exchange visit of Shom-in/Book Bank was time to time carried out. They were given the freedom to choose which particular book bank they wish to visit so that they learn something out of that visit.

From this visit they get to know each other better, build bond and learn from each other.

"Our visit to Saijang Book Bank was really learning. There are lots of things which we can

also do in our book bank. The way they maintained the books and the time schedule etc. and the systems they followed".

Miss Neichingkim Chongloi



Free Tuition Classes

Apart from providing books, career guidance and other educative program free tuition classes are also conducted in the book bank. Mainly when their examination are approaching as most of the family being cultivators hardly had time to be a teacher to

their children. This initiative improved a child academic performance. Free mathematics coaching class was also conducted for HSLC exam appearing candidates who can't afford to take coaching in private.



Contd-

20 students from different villages actively joined the coaching.

Mock test and revision of the previous question along with their main subjects were done. It improved the confidence level of the students for the exam.

Speaking through Pictures

Mindset shift of young people can be clearly seen from the drawing/painting they made in the Book Bank.

Few years back if one asks a child to draw, undoubtedly they will definitely draw guns which is a reflection of their mind – they are more interested in gun culture. One cannot blame them because they are brought up in such environment.

Our toil is not in vain. The sustain intervention resulted in young people's interest. Their drawing make it crystal clear that they are no longer interested in gun but something that is contributing to societal well-being. Hurrah!!



They hear and they forget but they see and they remember, with this in mind visual learning program was taken up in the book banks time to time by showing educative videos and Quiz using projector.

Learning through visual This resulted in many young people owning the book bank and improving their knowledge.



Their confidence level also improved with the improvement in their knowledge which can be seen from the quiz competition.

INSide-North East is providing education that is different from school education. In school what we do mostly is listening and we feel very bore listening to teachers lecture the whole day.

Here they let us do, play and see and as the result we could better understand and learn better. I am proud to be one of the members of Shom-in/Book bank.

Miss Momoi Misao, Member Kholmol Shom-in



Capacity Building

Equipping the team to be effective in season and out of season.

Capacity building of team members is a continuous process which is done in three forms:

1. **In house training** – in this form of capacity building we used teaching, facilitation, discussion, interaction and brainstorming methods. Mostly Board Member of the organisation transferred their expertise, knowledge and experiences based skills to the team members. Sometime the training is organized but sometime based on situation such training or capacity buildings are done.
2. **Experiential Learning**: it is a hand on learning. They are exposed to the reality world and apply the theoretical learning which they had from the in house training.

Team members interestingly come up with new ideas and new ways of intervention based on the reality they face in the ground.

3. **Training/workshop**: Team members are sent to different training/workshop within and outside state on various issues/topics which are in tune with our work.



Samvidhan Live

The Jagrik Project

Building young people's capacities for meeting challenges as they re/act (reflect+act) in the real world. Using their experiential discoveries provided by a fun filled games.

It is learning fundamental rights and duties outside the classroom

Owning the Constitution

We believe ownership of common spaces is a crying need of the hour. Ownership cannot be given in classrooms. It has to be taken in the streets.

Through this public initiative 20 young citizens experience how the rights and duties in our constitution are being lived, and report back their experiences to the rest of the world. 1500 students were reached out through survey.

Two best Jagriks were sent to national event in Delhi where they got the opportunity to interact with other jargriks from different states, also with dignitaries from different background.

The young learned about the constitution practically and it helped them in owning it.

Overall Outcomes

The community are more aware of the rights and duties and the importance to put them into action than mere knowledge of it.

The project motivated young people to contribute their service for the community.

With its new way of learning – learning through games -.the young are encouraged to put into action what they learned in schools.

Stereotyping to certain extent is broken and there is gender awareness among the youth and in the families.

Gap between students and community services is bridge.

It brought about a sense of accomplishment and satisfaction to the jagriks for being able to reach out to the community through the rights and duties of the constitution.



Livelihood Start Up Support

We discovered that livelihood insecurity is the reason behind many youth falling easy prey to the predator (insurgent, drugs & alcohol etc.).

This initiative is part of mainstreaming our young people and to make them a responsible persons.

Garment Business

and now it is growing and self-sustain. This small business is enabling them to eke out a living with daily incomes from the sales with that they manage the family and the education expenses.

Mr. Minlun Dimngel in collaboration with his sister started Garment Outlet in Saikul town with the support from InSIDE-North East. It actually was with humble beginning



9 beneficiaries open small outlets by the roadside. Some selling vegetables, some eateries and others small tea & pan shop.

Small business outlets



"I am so grateful for the support.

I am able to keep my son in the hostel, the ability to do that comes from my small business outlet". Ms. Neinlu Lupheng

Rearing for profit

It involves certain risk like flu and fodder but their unwavering faith and determination allowed them to see the results. The pig gave birth and becomes a blessings to the families' income.

Miss Marina of T. Gamdeiphai and Mr. Boilen of M. Kholmol beneficiaries of the program bought piglets and rear them for profit.



Photo Gallery



Our heartfelt thanks to our partners
who make it possible for us to bring smile to the people:

Caring Friends
Helping Good NGOs Perform Better



Manava Seva Dharma Samavardhani



Consumer Products Ltd.



BOSCO INSTITUTE
Inspire Innovate Involve



InSIDE-North East TEAM



Hejang Misao
Founder Director



Helun Misao
Program Manager



Haokam Haolai
Project Coordinator



Sennu Baite
Associate Coordinator



Cyneo Touthang
Life skills Trainer



Lenpu Misao
Life skills Trainer



Lhingneihei Misao
Office secretary

Contact us at:



Eden in, 1st floor, Saikul Bazar Near Bus Parking,
P.O. Saikul, Kangpokpi Dist, Manipur – 795118

Website: www.insidenortheast.org