

2015 - 16

Annual Report



"Changing lives, changing destinies"



inside

North East

Integrated Social & Institutional Development
for Empowerment

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Progress is impossible without **change**, and those who cannot change their minds cannot **change** anything. **Change** is the law of life. And those who look only to the past or present are certain to miss the future.

Going slow... but with Clear Vision

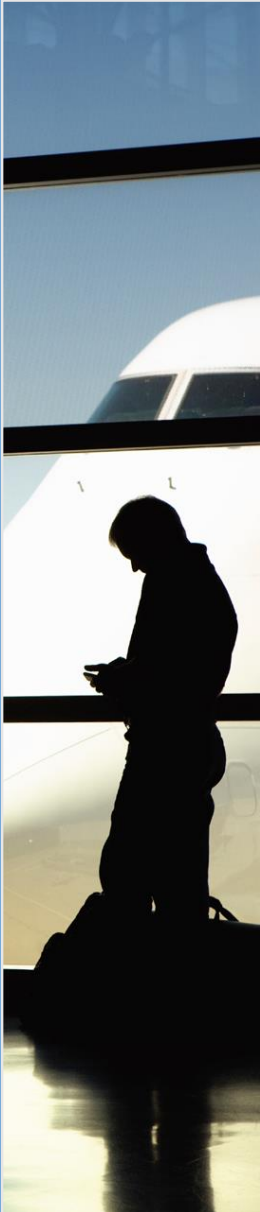
The path taken is much more difficult than anticipated. Umpteen time there were thought to give up and take the easy path. However, we keep going drawing inspiration from people who had undergone such similar situation even difficult than ours. The empathy of people who are around us in every situation is also our source of strength that enabled us to keep pressing toward the goal and keep us going albeit the going was tough. When the going is tough, the tough keeps going. The contribution of Youth Involve Fellowship of Bosco Institute in helping us to continue our journey is immense. It is not just a fellowship but a family that helped us to listen to the heart and act accordingly. It is by listening to the heart that we avoid deviation but keep on track.

Without the Caring Friends – the ant support we won't be where we are today. The encouraging word of Ms. Jenifer Liang “**be different and outstanding**” is always striking us and we keep striving for it. We are equally grateful to our other partners who stand by us in every situation. The challenge that we are confronted with is not of the funding only but also the issue of not compromising the values that we hold dear. For doing so we pay the price – we missed 80G and I failed to get my passport. Greatness lies in suffering with truth.

InSIDE-North East is now turning four. Though we have still miles to go we are happy that we somehow bring smile on the faces of young people and mothers. Above everything else the **smile** of the people

is the secret behind our relentless efforts and struggles towards the achievement our cherished goals.

Hejang Misao
Founder Director



Inside Story

Integrated Social & Institutional Development for Empowerment (InSIDE-North East) as a not for profit organisation is the culmination of passionate youth's quest for a better society free from violence and poverty. The youth grew up in conflict environments and experiences all the hardship of life. The sight of the pathetic life condition of people (young people and women) especially victims of conflict and the failure of government machinery provoke them to action.

Overflow with the passion to do something to better the plight of the people they began to take up guitar and sing with the people.

With the passage of time the organisation grows and began to work professionally with specific issues such as Women Empowerment, Children & Youth Development revolving around education, livelihood sustainability, health and gender equity. The organisation worked in an integrated manner with the above thematic areas under one vision and one mission. It is registered under section 7(1) of the Manipur Societies Registration Act, 1989 and 12AA of Income Tax Act, 1961.

One thing InSIDE-North East is proud of is the cooperation, trust and love of the community people.

Our desire future:

InSIDE-North East wants to see a just and peaceful society by being more a platform and less an organisation through a strong network with likeminded organizations where empowered people reclaim their legitimate rights & entitlements and lead a dignified and self-reliant life free from violence.

Mission

InSIDE-north east would like to achieve its desire future by empowering the powerless, building their confidence and skills, ensuring their livelihood and helping them connect with what is beautiful in their cultural milieu.

Key thematic intervention:

Our key thematic areas of intervention:

- ☞ Children & Youth development
 - through Education & Life skills development
- ☞ Women empowerment





We make dreams reality!

The Young in ACTION

Investing on the young people is the greatest investment with surety of high dividend. Building them is building the nation. Our future lies on them. We strongly believe we achieve great milestone in making society better by bettering the life of these young people.

CLEANLINESS DRIVE & TREE PLANTATION

Objective: To promote the value of cleanliness in the village and cultivate a sense of responsibility to young people.

The surrounding, drainages, roads of 6 villages were cleaned and 500 trees planted.

52 dustbin/trashcan placed in different location in 06 villages.

The message of the importance of

hygienic living was strongly conveyed to the community through the cleaning the surrounding, drainages, roads.

The value and importance of collective work was made known to the young people.

Our earth is made greener and environment safer by planting 500 trees.

- **6** Book Banks set up successfully in 6 villages.
- **250** young people are motivated to take up pens rather than guns through the Book Bank.
- **6** Shom-in (Young people's parliament) successfully formed and actively functional in 6 villages.
- **23** young leaders developed through training and experiential learning through Shom-in.
- **150** Students (10 & 12 standard) discovered their aim in life and successfully develop their own perspective planning through Career Guidance Workshops.
- **20** young people got Basic Computer Training and improved their self-esteem.



BOOK BANK – House of Knowledge

Objective: *Creating a centre of learning for village young people and mainstreaming them by developing in them the habit of reading, discipline and best use of time that will ultimately divert their attention from gun to pen.*

Successfully set up book banks in 6 villages. Books includes – encyclopedia (human, animals, planets, technology, invention, plants etc.), G.K., competitive books, dictionary and books on leadership and positive living.

Book Bank Signboard provided to the 6 villages

The actual setting up of the book bank increased the confident level of the community people on the project. They are ready to put in whatever resources they have to make the book bank fully beneficial to their children.

The project increased the interest of reading of young people.

The striking feature of the book bank is that it becomes the centre of learning.



The village youth club gathered the children in the centre and help them in their studies and home work. They also organized quiz completion in the village time to time that encourage young people to have more access to the book bank.



GUIDANCES THAT CHANGE DESTINIES



Objectives:

- To enable students to discover their interest/aims in life and help develop their positive personality.
- To capacitate them to build a perspective planning (workable action plan) on their chosen vision/aim thereby developing value driven life such as
 - Integrity, Honesty, hard work
 - time and personal management

"I simply go to school because girls don't like boys who did not go to school. This career guidance workshop helped me discovered the potential in me and I could build my vision and action plan to achieve it". **Mr. Ringsor Koireng**

Where there is no guidance people perish. Many young people especially in Saikul were misled and took the extreme path only because there was no one to guide them to the right path. Our Career Guidance & Counseling program has enabled many young people to take the mainstream path – become a responsible and contributing citizens.

The program enabled 167 Students on how to work out their vision and goal. Each student came out with their own aim in life and framework of actionable plan (perspective plan).

It was heart rendering to see many young people coming up with clear aim in life and with strong determination to work towards it. They learned and accepted the fact that goal can be achieve only through persistence efforts and hard work. The visual aid on **'impossible is nothing'** improved their personality such as positive attitude, accepting responsibility, faith in self.

Some of the chosen aims/goals are: Doctor, IAS, IPS, IRS, Air Hostess, Engineering, Designer, Army /Navy/Air Force officer, management etc.

"This type of workshop should be done long back. I was without any aim in life but from today I will study with clear and definite purpose. Thanks for helping me develop my aim in life and perspective plan". **Miss Aniali Saikhom**





SPORTS FOR DEVELOPMENT

Objectives: to inculcate the importance of discipline, team spirit and develop physical fitness.

Young People's Olympic was organised for two days. The Olympic includes the following sports events: football, volley ball, High Jump, Long Jump, Musical Chair, Blind hit, races and traditional sport called Gothei Twipoh (bamboo water race) and Mithun jump.

The sports, apart from bringing young people from diverse background together, breaks stereotypes such as football is only for boys, High Jump should not be practice by girls which are strictly adhered to by the girls mostly from rural background. Girls should not get mix up with boys, they should be confine to household chore are all proven wrong through the sports – Hurrah!!

The two days sports taught the young people the importance of hard work and discipline to achieve one's goal. They also learned that no one can stand strong without the support of others – team work.



EDUCATION THAT REAP BENEFITS

Objectives: To build up the self-confidence of students from economically disadvantage by providing free coaching class and giving them clear conceptual understanding on basic mathematics and English Grammar and enhance their self-esteem.

The Free coaching program benefited:

1. More than 250 students who are mainly from below poverty line.
2. Conceptual clarity on basic grammar and Mathematics were given to the students.
3. Students learnt the basic usage of grammar; as a result their confidence level increase that gives power to their mind and life and enhance their self-esteem.
4. Students from different villages developed a bond of friendship. They also practice their one to one interaction skill and cultivate love and understanding among themselves
5. Their academic performance improved in their class and schools.

The free tuition classes are of 3 types: Group tuition class, village Tuition class and in-house tuition class.



SUCCESS STORY

3 Students viz.

Miss Kimcha Haolai,
Mr. Jangginlun Misao,
Mr. Naogin Chongloi
who joined the
coaching classes

regularly cracked the Jawahar Navodaya Vidyalaya (JNV) Entrance exam and now they are availing free education support till 10+2 standard under the central government scheme.



The joy of their parents knew no bound for they know that their children's future is very bright and secure.



SAMJHO TOH EXPRESS

Friendship beyond labels

Objectives: to cultivate cross border friendships through an experiential journey which will help the youth in reflecting and breaking the stereotypes that they hold for other communities, genders, castes, religions, ethnic backgrounds etc

Growing Intolerance is trending... Why? Are we failing to understand each other and just reacting? Samjho Toh Express with the theme friendship beyond labels is an initiative by ComMutiny - The Youth Collective and its forum members (InSIDE-North East is one of the forum members) to explore cross border friendships and engage young people on the issues of social inclusion in order to build vibrant eco-systems across India to understand each other.

India is witnessing a demographic transition. It is home to one of the largest and fastest-growing youth populations in the world. 65% of India's population is under 35 years in age. In a society as complex and diverse as India, the challenge is to ensure that this huge segment of our population becomes a vibrant, constructive force that can address social issues and create a more just, equitable and peaceful world. Unfortunately today we are witnessing a growing atmosphere of intolerance in the country. The youth have enough potential to change the current scenario and make this society an inclusive one to live in but unfortunately it appears that they are also the easiest to manipulate. We strongly feel that a space needs to be created where young people can come together leaving behind their identities and make friends beyond labels.

What the Young People say:

"This friendship beyond labels is something I never think of. I always look at the other community in negative way, may be its all because of the environment. This whole journey of making friendship with other community enabled me to experience that there is no reason to hate each other. The preconceived mind that Naga are the enemy of Kuki is totally a wrong understanding".

Mr. Satlenkhup Kom

"Samjho Toh Express will bring more understanding and increase the level of tolerance among communities in this communally driven state of Manipur. I am happy to be part of it". **Miss Anjali Saikhom**

"I know there is lots of challenges in making friend with a person belonging to other communities other than mine, but unless I accept the challenge I won't break the stereotype and I will feel guilty". **Miss Neipineng Kipgen**

"You let us play together and now our hearts are together. Thank you to all for bringing love in our life through sports". **Miss Lhingtinhoi**



KAUN BANEGA COMPUTER (KBC)

Objective: *to help young people shun the path of gun culture and mainstream them by developing their skills to be able to become a responsible citizens.*

16 young boys and girls are successfully mainstream through vocational training – computer training.

The trainees are mostly leaders of the Shom-in (Young People's Parliament) who are responsible for the proper functioning of the village book bank and programs related to the development of young people in their respective village.

"My education without computer knowledge is incomplete. This training is actually increasing my confident level and I believe now that I can do it if given the chance" **Miss Lhingneihoi Misao**



"This training opens up my outlook. It makes me realize that nothing is too difficult if one gives efforts and time. As young leader I would like to encourage young people that nothing is too hard to accomplish, the only thing is one should give efforts. I feel happy of being able to work in computer. It really builds up my self-esteem and increase my sense of responsibility as leader"

Mr. Paolen Lhanghal.



Talk the Read Meet

Quiz Competition cum Cultural Meet

Objective:

- To bring young people from different villages and have quiz competition on what they read from book banks
- To inculcate competitive spirit and interest in reading
- To enable them learn from one another

Talk the Read Meet – a lollipop pack of Book bank is organized every year so that young people who accessed and make the best use of the book bank have space to showcase the knowledge and wisdom they acquired from the book bank and other project activities.

Let the children talk out what they learn from the book bank is the idea behind the celebration of the meet.

There were also colourful cultural performances from 6 Shom-in (young people's parliament) followed by Quiz Competition. There are Champion, Runner-up and second Runner-up prizes in the form of more books and other book bank related materials. The idea is they earn more books with efforts – to let them know there is nothing free.



Strengthening the hands that rock the cradle

Objective: *empower mothers to empower a family that ensure the education of the children.*

Many wonder why working with mothers while the focus is on young people. Our action is directed by the strong conviction that the process of empowering young people is incomplete without empowering mothers. There is a saying 'if you want to help a family help a mother and if you want to help children help a mother first'. With this belief we work with mothers – providing two prong services: giving awareness & Training and giving financial support to their small business enterprises.

The awareness are through personal interaction, workshop on rights and entitlements, health, livelihood, parenting and child education. The trainings are on livelihood – surf & dish wash making, mushroom cultivation etc. We also provide assistance on linkages with financial institutions.



"A woman is the full circle. Within her is the power to create, nurture and transform."

Diane Mariechild

Audited Statement

April 2015 – March 2016

ਭਾਰਤੀ ਅੰਗਰੇਜ਼ੀ ਅਤੇ ਅੰਗਰੇਜ਼ੀ

S.L. Gangwal & Company

Chartered Accountants

Thangal Bazar,
Imphal (Manipur)

INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE-NORTHEAST)
THANGKANPHAL, P.O. SAIKUL, SADAR HILLS
MANIPUR-795118

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2016

PAYMENTS	AMOUNT	RECEIPTS	AMOUNT
To Programme Expenses :-		By Opening Balance :-	
(As per schedule "A")	693,129.00	Cash in Hand	19,995.00
To Repayment of Temporary Borrowing	175,000.00	Cash at Bank (Vijaya bank A/c	
To Bank Charges	128.00	No. 860300301000003)	191,552.00
To Fixed Assets :-		By Contribution	15,200.00
Canon Printer	3,000.00	By MES Return	210,500.00
Extension Code	300.00	By Fund received from Caring Friends	300,000.00
Career Guidance Book	299.00	By Fund received from ZICORD	10,000.00
Laptop and Accessories	17,350.00	By Youth Involve	150,000.00
		By Community Youth Collective	15,000.00
		By Local Fund Raise	20,000.00
No. 860300301000003)	38,424.00		
Cash in Hand	4,617.00		
TOTAL::	932,247.00	TOTAL::	932,247.00

As per our report of even date annexed

PLACE :: IMPHAL

DATED :: 24TH MAY, 2016



Sr. S.L. GANGWAL & CO.
Chartered Accountants

Jyoti Kumar Jain
Partner

M No. 77090
FR No. 004649C

Heartfelt thanks to our partners
who make it possible for us to bring smile to the people:

Caring Friends

Helping Good NGOs Perform Better



"commutiny"
the youth collective



UNNITI FOUNDATION INDIA



BOSCO INSTITUTE
inspire innovate involve



**Indo-Global
Social Service Society**



नेहरु युवा केन्द्र संगठन
Nehru Yuva Kendra Sangathan
Kangpokpi

InSIDE- Northeast Team



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