



innovate, involve & transform



integrated social & institutional
development for empowerment

annual report

2014-15

InSIDE- northeast turns 3

Overpowered by the passion within in combination with anger at the pathetic societal situation the initiative actually was started in 2006 which means unofficially we are now 9. But as the need was felt to become a legal entity for far reaching effects InSIDE-northeast was registered under the society registration act in february 2013. We say we turn 3 because we have enter 3 financial years (2012-2015).

Well, the idea to get register was with conflicting view point. Some of the team members opined that the registration should be dated back since the initiative already came into being in 2006 for which one has to grease the palm of the registrar. The idea, in fact, was very true at the same time very tempting. But keeping in mind our strong value of no-corruption and justice, and the determination to be different and outstanding we go for the actual date of the day of registration – willing to pay the price no matter what.

Today as we turn 3 we can't afford to be silent but say thank you to Bosco Institute, Commutiny, the Youth Collective (CYC), unniti foundation, Caring Friends and many others who stood by us in our struggle to be able to stand up for a noble and right causes.

We are proud to say that just in 3 year we could bring visible changes – quality education began to take the front seat, the youth shun violence by denouncing gun culture and mothers began to earn respect in family and society through their micro-enterprises.

The 3 year journey was not without challenges, but they make us a better human being and a stronger organisation. We take challenges positively and meet them squarely.

We still have miles to go.....but this is our commitment we will die with the values that we uphold.



What's in?

1. Children development related activities
2. Activities for youth development
3. Mothers that rock the market
4. Stories that move the heart (inspiring stories)
5. Audited statement

When the angels smile

InSIDE-northeast firmly believed that the precursor to tomorrow's society is what we do with our today's children. Change from the grass root level.

In an attempt to create a friendly environment and a responsible citizen InSIDE-northeast reached out to 500 children in various capacities providing awareness, skills training, free coaching classes, formation of chapang inpi (children parliament) and motivating them for a value and goal driven life.

Some of the activities for their development are:

FREE COACHING CLASS

Free coaching was organized for economically disadvantage children where English grammar and mathematics were taught. The purpose was to better the emotional and intelligence quotients of the children belonging to most underprivileged. Every weekend special sessions were conducted where platform was made for them to develop their latent capacities and skills such as public speaking, facing audience confidently, games and other entertainment.

The coaching was conducted in two places for quality control and to accommodate children in real need.

The main reason of selecting the above mentioned two subjects was that students generally find the two subjects difficult and they are generally weak at these subjects. The general perception that mathematics is difficult is also making them weaker and the attempt is to undo this feeling.

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DIFFERENCES MADE

1. *Children now know the basic concepts of mathematics and usage of grammar as a result their confidence is boosted.*
2. *They take mathematics calculation as fun not as burden after understanding its formula and concept.*
3. *These children who are from different villages develop friendship. They also enhance their one to one interaction skill, public speaking skills and leadership skills through games.*
4. *The coaching more importantly developed love among the children by understanding each other better.*
5. *The children performed better in their schools in the given subjects.*



LEARNING OUTSIDE THE FOUR WALLS



Exposure Tour was organized for the children who were given two months free coaching.

Altogether 7 important places were visited namely Singda Dam, Millennium Garden, Zoological Park, Science Centre, State Museum, War Cemetery and Kombirei Garden.

The tour enriched the knowledge of the children through seeing with their own eyes and touching with their own hand. The visit to garden/park helped them learn about the significance of creativity. Visit to museum brought about a sense of valuing the things of old.

Stepping in to Science Centre was a world of fun and learning. They can't believe that they are in a world of science materials where they put their hands on them all and learn the mystery of science.

"Seeing is believing" – once they saw them only in pictures but today they see in real from the Keibul Lamjao Zoological Park.

Making them Smile is more than enough.

CHANGES BROUGHT ABOUT

- ✚ The tour brings a real smile to the Children. It helps them stabilize their learning.
- ✚ The outing broadens their outlook and helps build their confidence.
- ✚ It brought about new interest and zeal in their studies and many of them are determine to focus on their studies and fulfill their dream.



CHILDREN OLYMPIC

"Education through games & sports"

Children Olympic was organized and conducted at Thangkanphai and N. Zilphai Villages. The program was organized and led by youth members of the respective village in collaboration with InSIDE-northeast.

The Olympic was organized with the conviction that 'all work and no play makes Jack a dull boy'. The program was organized in such a way that the physical, mental, emotional and spiritual need of the children are address. we also believe that limiting education only to four walls will rather make the children inactive and dull for which Children Olympic – mainly games and sport was organized and conducted with the main objective to make the young people physically fit and healthy.

Some of the slogan are 'Healthy body, healthy mind', 'Games for peace and discipline'. It was also done keeping in mind that games & sport is one best instrument to inculcate discipline, team work, hard labour and develop leadership skills.

Some of the events were – 100 & 200 meter races, tug-of-war, sack race, high jump, long jump, football, volley ball and singspiration.

Interesting thing was girls do not dare to compete with boys. The spirit to participate and compete was more than winning or losing. Girls came out of their shell and began to face life challenges.



Women Empowerment Inspiring Stories

POWER IN WEAVING

Mrs. Hoinu Haolai is a mother of two with no income. She was just a house wife.

Hoinu Haolai hardly had a word in family decision making, she was just a mother. She wanted to have some financial income so that her full dependence on her husband is minimize and able to stand on her own. She is a skilled loom weaver of traditional shawls and ladies makhela (locally called ponve/phanek). But she was helpless because she does not have means (money) to start with.

It was at that point of time that InSIDE-northeast conducted awareness program on women micro-enterprises where she learnt **'empowering a mother is empowering the whole family'** for which they extend financial assistance for start up of micro-enterprise.

She did not have any training on weaving. Necessity enabled her to weave. Poverty compelled her to take up the job which she struggled a lot in the beginning.

when she started taking up weaving as her main livelihood activity she had to pay Rs. 500 to a person who teaches her the pattern – floral/cosmetic pattern that add beauty to the makhela (ponve). She, in the meantime, picks up quickly and masters the patterns which are done manually. She worked for 10-11 hours a day without rest for which she has to pay the price on her health. The making of the floral pattern required constant and deep concentration.

She weaved on the basis of order she received. To complete one weaving she took 3 – 4 weeks and the market rate of the makhela (ponve) she wove is Rs. 7000. She could make a profit of Rs. 6000 after keeping aside the materials cost.

She was very grateful to InSIDE-northeast for extending financial assistance that enabled her to purchase the loom/threads and start the small enterprise without which she cannot weave.

The income she got from weaving she manages her family and her children's education. Weaving not only enabled her to earn but also empower her to have a say in the family decision making.



COMICS THAT SPEAK LOUDER THAN WORDS

3 Day Grass Root Comics workshop was conducted from 12 – 14 April, 2014 at Diamond Sower Academy, Saikul. Miss Shangmi Roel, MSW students from Bosco Institute, Assam and Mr. Hejang Misao facilitated the workshop.

Unfolding the skills

The Grass Root Comics workshop covered:

1. Identification of confronting issues
2. Making stories out of the identified issues.
3. Graphic presentation of the stories in the form of comics.
4. Public displayed & presentation of the issues based comics.

Children speak out their mind through the comics to the community telling them to stop random felling of trees because they are our life, they also tell people to go for quality education by saying no to copying and proxy or impersonation. No to violence but yes to peace etc. etc.

They also went door to door, shop to shop, and outlet to outlet and spread the message by showing them the comics.

"It is indeed heart rendering to see this children standing up for the right cause and advocating for quality education. The comics speak a lot to me and I've decided not to resort to unfair means in my academic career" Ms. Choikim

"What the children say through comics is very true. Before the hills surrounding Saikul were very green, now they look very barren and dry. Our perennial source of drinking water is now gone because of our reckless felling of trees".

Mr. Thongsei Khongsai



Outcomes of the workshop:

- Children learned and are able to identify issues.
- They are able to translate identified issues into stories
- They can skillfully transform stories into comics – making their issue based stories into understandable to those who cannot read.
- They developed their confidence which can be seen from their way of presentation of their comics to people.



CAREER GUIDANCE & COUNSELING

"Career Guidance and Counseling" was organized and conducted on 11-9-2014 at Saikul Village CC Hall, Saikul Block.

The program was attended by 315 students from 6 schools in Saikul area.

Hand out - a Booklet (a handy Guide on career information) that has three main objectives was provided to each student:

- To help students in developing an idea on Job-Based Study Skills.
- To help students to Make Clear-Cut Choices.
- To help students in Rediscovering their Talents, Aim in Life and their Future Career Plan.
- To help the young students to think out of the box.

The program helps them for Advance Thinking, Advance Preparation, Advance Learning and Advance Planning for their future career by letting them know the various exams conducted by SSC & UPSC at various level such as matric, 10+2 and graduate.

They were also guided on Job-Oriented and Professional Courses which can be pursued after 10+2 such as Nursing, Engineering, Para-Medical Sciences, Pharmaceutical Science, Fashion Designing, Journalism & T.V. Production, Travel & Tourism Air Hostess/ Flight Steward, Medicines, Business Management, Social Work, Information technology and other emerging professional courses.



With a view to discourage early marriage a slogan "**Career First, Marriage Afterwards**" was made by highlighting on the three important steps for the youths:

Step-1: Life-Foundation: faith in God.

Step-2: Life Career: Proper Future Career Planning.

Step-3: Life-Partner: appropriate life partner after having proper career to support the Family.

The students were also made aware of the scholarship program under the central government schemes for higher studies especially for students belonging to Scheduled Tribe.

The president of the Kuki Students Organisation also motivated the students to be goal oriented and focus on their goal. He exhorted them that there is no substitute to hard labour. He also let them know the students' body resolved to make the 10 and 10+2 examination centers strict where copying and impersonation will have no space.

OUTCOMES/RESULTS:

1. Participants are now aware of what career option to choose after passing their class 10 standards.
2. They were also now aware of the different types of professional courses they can pursue on with the names of the leading Institutions and their location.
3. All the participants are also now convince that career option must be chosen by the concern person not under peer pressure or from parents by understanding their own capacities and interest.
4. Competitive mindset was developed among the students whereby many shared that they will start preparing for the central competitive exams.



SKILLS FOR LIVELIHOOD

Three Days Workshop on Civics Citizenship and Life Skills Training was conducted from 9th to 11th October, 2014 at Saikul Village Community Hall. It was organized only for 60 participants but 65 youth from diverse background from different villages actively participated in the training.

The training was on:

- Flower making for decoration
- Charcoal heater (Tin Mei/Meiphu)
- Carpentry

Purposes:

1. Sensitize youth on the marketability of their talents and skills and entrepreneurship as best livelihood alternative.
2. Train youth to become an entrepreneur and a responsible member of the family & society.
3. Capacitate youth to support their family economically and turn them from being a liability to an asset.

Day 1 of the training was training girls on how to decoratively make flowers and floral articles. This skill is in demand since society witnessed more social programs such as marriage, felicitation, birthday celebration, church programs etc.

Day 2 was on how to make charcoal heater which is in high demand during winter season. Day 3 was on carpentry – how to skillfully make furnitures. It was done as carpentry became one of the most thriving industries in Saikul for livelihood sustainability.

The program enabled 65 youth on how to make decorative flowers for marriage party and other social programs, embroidery, charcoal heater carpentry. The skills they gain was a giant leap from the point of marketability of the products that can fetch them a good income in future.

It was more interesting to see the qualitative aspect of the training. The training develop a sense of achievement among the participants in terms of skills they acquired and the awareness and awakening they gain.



COMPUTER FOR COMPLETE LIFE

Basic computer training course was provided to 12 youth who were from economically poor background. It is part of organization's efforts to mainstream youth - helping youth to avoid gun culture and guiding them to become a responsible citizen through skills training, higher education support and career guidance & counseling.

The course was in two batches, first batch was from April – June, 2014 and second batch from August - November, 2014.

12 youth were given certificate on successful completion of the course under the initiatives of InSIDE- northeast, financially supported by **unniti foundation**.

The main objective of the training was to provide the basic knowledge of computer that will help them in securing livelihood and make them responsible citizens.

Outcome: Based on the interaction with the trainees: Apart from the know how to handle the computer it also developed their personal outlook and potentials above all else it brought about a sense of achievement that kindled the fire of learning.

WHAT THE TRAINEES SPEAK/SAY:

Miss Thethem Touthang said; *"I am greatly grateful to InSIDE-northeast and unniti foundation for giving me this privilege to be able to acquire basic computer knowledge which is a must in the contemporary world. Now I know what is MS Word, MS Excel, Page maker, Photoshop and Internet."*

(Thethem is an orphan who has no means to continue her education. She wishes she could go for higher computer course so that it can fetch her job to take care of her siblings)

Miss Melody, who is another beneficiary of the training, is a young girl whose parent got divorced and therefore could not even get proper education/ schooling, said, *"I am now no more just a girl. I can operate and work in the computer. It gave me a sense of accomplishment and zeal to go for the next level of the course to become professional. This training, apart from equipping me with the know how to work on various program, it also emboldened me and helped me come out of my shell. Thanks to InSIDE-NE and unniti foundation for providing this training course. Please support more girls for the training"*.

You Bring Real Smile to Me

Mr. Jangminlen Kilong is living with his aged maternal grandmother and dumb uncle. He is unaccepted child from both his parents. They live hand to mouth. He is a very diligent boy in the village and he studied in government school. He is loved by everyone.

Often he remained frustrated due to his background. He has big dream but always ended up in frustration. What he knows is always pray to God for help.

When he was selected for the computer course he can't hold back tear that rolled down his cheek filled with immense joy. He said that he never thought that he will be able to learn computer in his life taking into account the cost for the course and his poor background. Today he is a happy boy after personally handling the computer and able to work in MS Word, Excel, Page Maker, Photoshop and how to browse and surf internet. He said the ability to handle computer really boost his confidence and add to his worth and dignity. His computer knowledge was a plus point in his NCC career and he had been appointed as Cadet



EMPOWERING MOTHERS THROUGH MICRO-ENTERPRISES SUPPORT

The hands that rock the cradle also rock the market. Awareness program on Promotion of Women led Micro-Enterprises conducted at various levels as part of women empowerment, more than expectation, produced an impact that brought about a desire change in the status of women.

Some of the motivating words used in the awareness program are:

- Micro-enterprise as one best livelihood alternatives
- No absolute freedom without financial liberty
- Woman can what man can and can't.
- Child well being depends on mother's financial well being.
- Real development begins with mother.

InSIDE-northeast apart from providing awareness to the women also extended financial support to women to start their own enterprises with the belief that 'empower a woman then you are empowering the whole family'.

Mothers were taught on the skills to analyze cost benefit ratio, the importance of smile in running business, the law of demand and supply in market.

InSIDE-northeast so far extended support to around 50 mothers who run their own small business outlets – vegetables, clothes etc.

Stories that move the HEART

VEGETABLES THAT BRING LIFE TO A FAMILIES

As part of its women empowerment InSIDE-Northeast reached out to women vegetable vendors at Saikul Hill Town Market by providing awareness besides financial assistance to 25 women vendors and forming society. Many of them articulated that with the small business they are able to support their family. One of them shared that apart from the monetary benefit the petty business brought for them it also brings social cohesion and love among themselves through the formation of the group

"Anchejoh Lawm" – Vegetable Vendor Group.

The business they are doing may be small in terms of the capital they invested but they are very rich in social capital. They lend help to one another in time of sickness, family problems etc.

The biggest problem they confronted was the high rate of interest they borrowed from money lender. Some borrowed money with 10 percent interest rate per month and the minimum is 5 percent.

"We now no longer borrow money from the money lender because



InSIDE-NE under the financial support of unnniti foundation is helping us out. We can save our profits now that help us to purchase more vegetable items and enabled us to send our children to school. We are really grateful to the organisations". Ms. Mengshi Haokip, Secy. Vendor Group.

IRON LADY THAT SCAVENGES LIBERTY

"People laugh at me for they considered it low graded job. My children even insist me to stop doing it for they feel ashamed of it. But I am fully convinced that it is a very clean job that fetched me income at the same time making the environment clean".

Mrs. Ngaineng Misao, mother of 5 children, depends on manual labour – jhum cultivation that barely sustained the family. The burdens of sending children to school heavily fall on



her. Her husband being uneducated can't help much but only to assist her in the jhum cultivation. Therefore she took up a job called **iron scavenger** from rural areas and sell them in Imphal (the state capital) that brings her a good return.

The awareness program on the importance of micro-enterprise bore direct fruit on many women. Mrs. Ngaineng is one among the many. After attending the workshop she makes up her mind to do iron scavenging business not to be deterred by the judgement of people for she is fully convinced that it is white business because I buy it from the owner at the same time better the world by recycling the unused materials. She began with the small financial support from InSIDE-northeast and now she runs on her own.



"Where would I get money to support my children education if it is not by doing iron scavenging business? In fact collecting unused iron, steel, copper, aluminium etc from place to place looks shameful but why should I be ashamed of it when people doing black business are not ashamed of their dirty business. The profit I got out of this business I could send my children to school. Now one of my sons is doing his graduation and I am very hopeful that he will prove the world one day that the son of iron scanner can do it." Mr. Ngaineng Misao

A SMALL BEGINNING TO SUCCESSFUL VARIETY STORE

Getting married to illiterate guy Ms. Kim Lupheng who finished her graduation was faced with immense pressure of running a family. What her husband can do best is to do jhum cultivation that damage forest and environment at the same time that hardly supports the family.

Ms. Kim, a mother to a lovely girl, started running small variety shop but ended up in debt. She borrowed money from money lender with 10% interest per month. The profit she made barely support the family because she has to return the money with that high interest rate.

Learning that InSIDE-northeast support women for micro-enterprise she attended the awareness program and avail assistance from the organisation.

Kim said, *"Your support bailed me out from my debt and now my store is growing with a good margin of return. If it was not your support I would have ended up in debt that will landed me in broken relationship and broken family. You empowered me and my family, we as a couple are having a happy couple life now. May God bless you all"*.

Kim is now able to support the education of his husband's younger brothers and sisters.



A SUPPORT THAT ENABLED A WIDOW TO FACE LIFE CHALLENGES

Mrs. Boicy Touthang never thought that she will become widow very early. It was on 8th Jan. 2104 fateful night armed miscreants mercilessly gunned down her husband in cold blooded in what we called factional killing.

He left behind his wife with four children (2 boys and 2 girls). Her husband's death was a bolt from the blue and she was very helpless not knowing what to do with her children and how to move forward in life.

She is still in her prime age and faced lots of temptation all round such as the temptation to get married again to another man (there are many guys after her), or to shoulder the responsibility of a bold mother to bring up her children. She took bold and right decision to face the challenges and live her life for her children.

With the small amount of financial assistance from InSIDE-North East under the support of unniti foundation she started her own business. She bought clothes and household stuffs which she sale door to door. She manages her family and children's education with the profit she made out it.

Our support not only made her emotionally strong but also enabled her to face challenges squarely. Today our small step made her a good mother and save four children from becoming complete orphan.

INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE-NORTH EAST)
THANGKANPHAL, P.O. SAIKUL, SADAR HILLS
MANIPUR-795118

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2015

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
To Opening Balance :-		By Programme Expenses :-	
Cash in Hand	1,651.00	(As per schedule "A")	454,381.00
Cash at Bank		By ME Support	248,000.00
(Vijaya Bank A/c No. 860300301000003)	40,532.00	By Bank Charges	80.00
To Contribution	35,300.00	By Fixed Assets :-	
To Donation	39,900.00	Asus Laptop	21,500.00
To Fund received from Caring Friends	200,000.00	Canon Camera	7,995.00
To ME Support Return	248,000.00	Furniture & Fixture	15,980.00
To Fund Received from SANMAT	48,000.00	Misc. Assets	8,900.00
To Fund received from UNNITI Foundation	210,000.00		
To Temporary Borrowing	175,000.00	By Repayment of Borrowing	30,000.00
		By Cash at Bank	
		(Vijaya Bank A/c No. 860300301000003)	191,552.00
		By Cash in Hand	19,995.00
TOTAL::	998,383.00	TOTAL::	998,383.00

Per our report of even date annexed

PLACE :: IMPHAL

DATED :: 12TH JUNE, 2015



S.L. GANGWAL & CO
Chartered Accountants

Jyoti Kumar Jain
Partner

M No. 7090
F.R. No. 0046496

Heartfelt thanks to our partners who make it possible for us to bring smile to the people:

Caring Friends

Helping Good NGOs Perform Better



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