

2013 - 2014

Annual Report



"INNOVATE, INVOLVE & TRANSFORM"



InSIDE - northeast

Integrated Social & Institutional
Development for Empowerment

About InSIDE-north east:

Integrated Social & Institutional Development for Empowerment (InSIDE-North East) as a non-profit organisation is the culmination of the angry and frustrated youth who grew up in conflict environments, getting sick and tired of violence, injustice and poverty. It is an initiative of likeminded people with same passion who came together voluntarily to work collectively in coherent manner for the betterment of the society in general and the youth in particular with the motto “catch ‘em young and better the next generation by building the foundation today”. It is registered under section 7(1) of the Manipur Societies Registration Act, 1989 and 12AA of Income Tax Act, 1961 .



Our desire future:

InSIDE-north east wants to see a just and peaceful society by being more a platform and less an organisation through a strong network with likeminded organizations where empowered people reclaim their legitimate rights & entitlements and lead a dignified and self-reliant life free from violence.

Mission

InSIDE-north east would like to achieve its desire future by empowering the powerless, building their confidence and skills, ensuring their livelihood and helping them connect with what is beautiful in their cultural milieu.

Key thematic intervention:

Our key thematic areas of intervention:

- Education
- Gender equity – Women empowerment
- Human & institutional development
- Children & Youth development
- Health and Environment



Children & Youth Development Related Programs

1. ZALAITHANG – A Talent Hunt & Skills Development Program.

Hunt the talents, develop the skills and build the confident of youngsters was the idea behind the program called ZALAITHANG translated meaning is *renown out of the hundreds*.

The areas where the competition focussed were – singing, dancing, and public appearance & speaking. It was not just a competition but a platform where youngsters from diverse background meet and have exchange of what they know, have and learn. Social issues like the importance of quality education, demeaning cultural values, girl child education, and importance of peace for overall development were time to time open for short discussion.

Interesting thing was people, all and sundry, enthusiastically coming to watch the competition went back with something to think on the social issues discussed

Paoboy is an orphan whose parents were killed in the conflict, and sheltered in Logos Orphanage. According to Mr. Lalboi Haokip, the founder of the home, *“Paoboy underwent a traumatic situation and he hardly musters the courage to face people and audiences. He was a shy boy who hardly speaks. I am amazed and surprised to see him standing confidently in front of a big crowd and performing on stage. He could face the questions assertively. He is really a change boy”*.

Paoboy is one of the competitors. He roamed home with the first prize trophy in solo. He wanted to become an IAS officer and give back to society.





"At one point of time playing, performing on stage, education etc were only boy's cup of tea. But now parents mindsets are change.....my parent hardly stops me to play football, they give equal importance when it comes to education with my brothers. I am no longer confined to household works; they allowed me to go for songs, dances practice even at night. I feel I am more human now and thanks to InSIDE-NE for the changes it brought about through the awareness programs." Papi Khongsai.

Pipi is a girl in VIII standard. She is one of the members of New Dawn Choreographer. They took prize in Zalaithang and Champion in All Manipur Choreography competition.



2. Skill & Talent Development Training on Classical & Traditional Musical Instruments.

Today's generation has done injustice to the fore fathers & mothers by neglecting their invaluable legacy – unique cultures, classical & traditional music, cultural values etc. InSIDE-northeast with the objective to pass on the legacies left behind by the previous generation organised program to train and develop the youngsters' skills in classical musical instruments.

Apart from preserving the assets in soft and hard, it is also a process of evolving one's identity and confident. 66 youth were given the training, and 22 with their keen interest are ready to go for intense training on how to play, handle the instruments in its best form.

Pu, OK Haokip, who is in his 62, an expert in the classical musical instruments gave the training. The musical instruments include: 1. Goshem – (similar to the Scottish bagpipe, but made from a hollowed gourd with cane reeds serving as pipes) 2. Pengkul – traditional bamboo trumpet with animal's horn 3. Dahpi – Gong



3. Focus Group Discussion with Adolescent Boys

With the rise in adolescent delinquency focus group discussion was conducted in different places of Saikul town to understand the pressing needs and problems of the adolescent boys so as to make effective intervention to address the rising delinquencies.

The discussion centre around the topics of empowerment, health, perception on happy family and decision making, livelihood/employment and recreation. As a whole, the FGD was very interactive. The Youth feel encouraged that they are given opportunity to share their thoughts and views. It was a learning experience both for the Facilitators and the Participant Youths.



3. UNAO KIMUTO (BROTHERS & SISTERS MEET)



250 youth from diverse background, coming all the way from different places of India had a meaningful interface – on the occasion of the Unao Kimuto (Brothers & Sisters Meet) under the motto “Building foundation of the next Generation”. Seminars, discussion, face to face interaction, fun games, and musical Nyte every evening were the features of the meet.

Young people got a space to express their ideas, view points, lead and co-create. Many have a strong feeling that education should be strengthened and opportunities should be explored so that youngsters got a chance to go to schools, colleges and give guns no chance.



5. *Awakening Workshop*

2 Day workshop with a topic: “**inthonasik a insepintato**” which means “**Awakening**” was held on 14th - 15th Oct. 2013 at Saikul village, jointly organised by Baptist Youth Society, Saikul and Saikul Youth Club and facilitated by InSIDE North East.

The main purpose of the two days workshop was to bring the people to discuss, interact and understand on issues confronting them thereby co-create action plan to promote development through adjustment by bridging the gap of the generation (old and young) in terms of ideological beliefs and practices towards culture and tradition, education, art and literature, ecology related issues etc. that played important role in development particularly the tribal communities.

The workshop enabled the aged to pass on their knowledge, experiences and ideas about the tradition and culture and the young got the opportunity to receive those invaluable treasures from the old people.

Outcomes/action plans initiated from the two days' workshop-

- ✓ Unanimously agreed to make wearing of black dresses in funeral/condolence service a mandatory.
- ✓ Many of the traditional festivals like the BERKAP, SAIKAP etc. to be observed once every year under the initiative of the village authorities/chief.
- ✓ Special basic training class on the Kom language and literature under the facilitation of Youth Society.
- ✓ The workshop decided to observe important days like World environment Day on June 5 every year in the village to improve the ecology and physical environment by providing tree saplings to the villagers for plantation.
- ✓ Also with regards to the promotion of healthier environment and better ecology it was agreed by the village authority to give award to family of the village riches with trees.



6. Children Vacation Camp

In collaboration with Thangkanphai Baptist Church Children Vacation Camp was organised on 10 – 12 October, 2013 with the objectives to foster the spirit of love and brotherhood/sisterhood among the children, help the children develop their latent capacities through games and guide them to discover who they are (self discovery).

How the camp goes.....

Every day the camp begins with children gathering in the conference hall having sing spiration time with music. It was followed by talks on moral life and being a responsible citizen. They were then taken into meditation – reflecting on their actions, their life, who they are.

The 250 children were break down into 3 smaller groups with leaders- one boy and one girl each in each group – equal gender representation. The leaders brought their group together, discussed together on issue and took decision together such as who will take part in what games/events, how to work as a team and coordinate effectively. The purpose is to develop leadership skills and the spirit of being a responsible team member.



Games activities were the main highlight of the camp with the belief that children learn more through games.

The camp brought about the following results:

1. 250 children learned the importance of team work and unity.
2. The concept of **Me** to **We** and respect for each other has been promoted among the children.
3. Leadership skills of children are developed and they learned the importance of collective decision and



collective action for desirable results.

4. Meditation for self reflection helped children to discover self and many took a commitment to be obedient to their parents, respect elders, love everyone equally and lead a disciplined life.
5. Gender equality among the children – equal participation in decision making and games.
6. In many games girls outperformed the boys.
7. Children get to know each other more and the spirit of love and brotherhood/sisterhood increased notably.



7. FOOTBALL COACHING

With the objective to mainstream the boys and divert their interest from gun culture One Week Football Coaching Camp was held from 20-26, August 2013 at Changoubung Playground. Football is not only a field activity. It is also part of developing self esteem, discipline, team work, health and leadership. InSIDE-NE successfully inculcated such spirit among the players of FC Khanglai.

Mention may be made here that FC Khanglai is an upcoming and promising football club in Manipur, they took champion cups in Sadar Hills, Ukhrul , Late K. Hangshing Memorial Trophy, and Kohima Royal Cup. The camp also helped develop a bond of love among the players.

Some of the players could also get into bigger clubs both in the state and national.



8. *My Space, My unManifesto Campaign*

'People perished for lack of knowledge' holds true in Manipur. Every person thought his/her life has nothing to do with politics. They don't want to get involve into politics when in reality politics is part of one's life.

In order to bring about change in people's perception on politics a rigorous campaign called My Space, My unManifesto were carried out in almost all the corners of Manipur reaching out to almost 5000 youth asking about their opinion on politics and what role they can play to bring about a desirable political mileage.



Apart from creating awareness that politics is not a dirty games we encouraged young people to take active part in politics and make the systems clean by getting involve throughout the term not just during election. We also collected a good number of promises (manifestoes) and top 12 promises were handed over in public to people's representatives in the State event of the campaign.

The campaign includes:

- Workshop
- Meeting
- One to one campaign
- State event



9. Interactive Program at Manipur University

Interactive talk on Effective Governance and State Territorial Integration was organised at Manipur University in collaboration with Department of Economic – study on social exclusion and Inclusive Policy.

Governance in Manipur is a big failure and tension always grip the people on the territorial integrity due to which the peaceful coexistence is always a doubtful phenomena. The talk was organised to bring about better understanding on the issues and how to tackle it without making any damage.

Mr. Rahul Kanvide from Policy Research Studies (PRS Legislative Research), New Delhi facilitated the session as resource person.

The participants are research scholars, students and professors



Education Related Programs

1. Career Guidance Workshops

Career Guidance workshops were conducted at village level and at block level in phase wise. At village level it was conducted at 7 villages and at block level at Thangtong Govt. Higher Secondary school for 97 students belonging to ST category for 3 days.

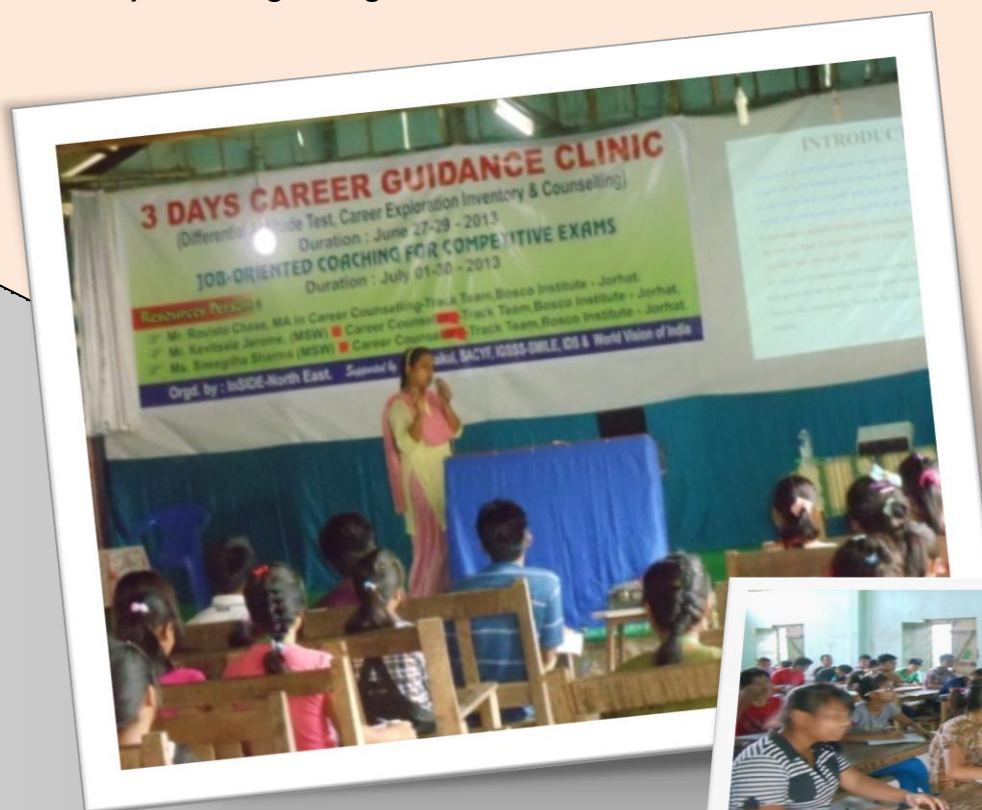
Three Career Counsellors from TRACK-Team, Jorhat attended as Resource Persons at the block level workshop.

The Main Objectives of Career Guidance Workshop was

- 1.To develop Job-Based Study Skills for the tribal students.
2. To enable the students rediscover their interest areas, career opportunities and aim in Life.

During the three days program, Differential Aptitude Test (Interest Test, Aptitude Test & Career inventory) were held and based on this there was one to one career Counselling/Clinic. Out of 97 students, 26 opted for Civil Services, 21 choose for Career in Medicines, 7 students opted for Defence Service, 5 opted for banking Service and the rest opted for different careers.

The program has enabled the students to gain knowledge for proper career planning by choosing the right career for their future.



2. JOB ORIENTED COACHING AND MOTIVATION PROG.

56 students were provided Basic Crash & General Foundation Course Job oriented coaching from July 1-15, 2013. Mr. Boilen Serto, UPSC Assistant Commandant Appointee & Mr. K.Satrouthang, Tax Assistant Appointee were the main Coaching Master.

For Success motivation interaction with other Government Officers were also held from time to time. On 13th July, Shri PK Jha, IAS- Deputy Commissioner of Senapati District was invited for interaction with the students; who came along with his beloved wife. Both of them listen passionately to the various issues raised by the students; some of which are the need for Book Bank/Library in Saikul, Job-Based study centres, irregular power supply and Internet facility for applying forms. The coaching students also submitted memorandum to the DC mentioning the various problems faced by the students' community in Saikul area.



Impact:

The program has created a sense of competitiveness among the youth in applying for jobs of their choice in different UPSC and SSC examinations. More importantly it brought about change in the mindset of the youth – from interest in guns to studies.



3. Teachers' Refresher Program

With the main objectives of bringing about Quality education in the target area, 35 teachers from 6 different Schools in Saikul Town were given 3 days orientation at Shongthu Avenue Church Campus from 25-27/July/2013.



Three main Resource persons from BOSCO MANGAL- Imphal have facilitated the 3 days interactive session for the teachers. The participants were given training on various topics such as Class Room Management, Effective communication Skills, Lesson Planning, Teachers as Social Change Agent, Expected Teacher Quality, Teachers as

career Shapers, etc. Each topic was followed by Group practical Exercises and the participating teachers find it very helpful for their teaching professions.



4. **Support for Professional Studies**

InSIDE-NE in collaboration with Sri Som Nath Mahadev Trust (SANMAT), Bihar coordinated the admission process of the deserving students mainly of tribal who are under BPL in various UGC approved colleges in different cities of India. Based on the courses available and percentages scored by the students InSIDE-NE successfully helped 20 students avail scholarship for different professional courses under Ministry of Tribal Affairs, Govt. of India. In another world we can proudly say that 20 lives of youth are transformed into an asset from being a liability. The courses and the institutions are as under:

1. BSC Nursing - 13 Students (Guntur – Andhra Pradesh)
2. MBA - 1 Student (Guntur – Andhra Pradesh)
3. BBA – 3 (Ganga Group of Institution, Delhi)
4. B.Tech – 3 (JNN College of Engineering, Chennai)



5. Free Coaching Class for Poor Children

Every child is special and deserves to have what others have especially when it comes to knowledge. With that conviction InSIDE-NE conducted free coaching class for children who cannot afford their tuition/coaching fees so that they don't feel left out and discourage.

The tuition class is conducted every afternoon after the school session. It is also after school care to children. In fact it was for 20 children but due to the pressure from the poor parents it goes up to 30 children with two female teachers.



The objective of the coaching class is to let the poor children feel that they are valued and deserve to become what they dream of. It is also to enable them to be at par with children of well to do families in terms of knowledge who have their private tuition class at home.



Women Empowerment Related Program

1. Books & accounts Keeping Training to SHGs

Responding to the demand of SHGs – training on Books & Account Keeping was conducted at Thanganphai CC Hall, 33 SHGs where 44 women mainly chairpersons and secretaries actively participated.

The objectives of the training were:

1. Update the skills and knowledge of the SHGs leaders in accounting and books keeping.
2. Bring the different SHGs together and create a platform to learn and motivate from each other.

The session included

- a. Sharing of experiences/challenges they faced and the projects/activities they took up for income generation.
- b. Facilitation on accounting and books keeping
 1. List of minimum books to be maintained
 2. Account heads
 3. Interlinking of records and accounts
 4. Technique of contra entry (bank transaction which they find it tough to understand)

Outcome:

1. Many of their doubt on contra entry (bank transaction) and the account heads was clear and they are confident to do now. (It may be mention here that all the SHGs have opened their bank account at Vijaya Bank and State Bank of India).
2. They learned the technique of interlinking the records and account. How the amount and date of entry should be tallied in the records. For example – the



amount of saving contributed on a particular date should be uniformly entered in saving book, cash book and general ledger.

3. They also learned and now understand about the different account heads without which the accounting of the group will be messy and difficult for monitoring and auditing.
4. The most interesting part of the training was – they learned and motivated from each other through their sharing of experiences and their projects/activities.



2. Promoting Women Vegetable Vendor Group

InSIDE-Northeast reached out to women vegetable vendors at Saikul Hill Town Market and formed a group titled **"Anchejoh Lawm"** – vendor group. Interactive meeting was held with the women vegetable vendors at the market shed to understand their problem and pressing needs. Many of them articulated that they are able to support their family with the



small business. One of them shared that apart from the monetary benefit the petty business brought for them it also brings social benefit in the form of cohesion and love among themselves.

The business they are doing may be small in terms of the capital they invested but they are very rich in social capital. They lend help to one another in time of sickness, family problems etc.

The biggest problem they confronted as of now is the high rate of interest they borrowed from money lender. Some borrowed money with 10 percent interest rate per month and the minimum is 5 percent.

In response to their felt need InSIDE-NE extended financial assistance to them as part of women empowerment so that their burden of paying the high rate of interest will be done away.



3. Women led Micro-Enterprises

InSIDE-Northeast extended micro-financial assistance to 6 women for their micro-enterprises with the conviction that if women are financially empower then eventually they will have a say in the decision making process right from family then to society. It is also believed that if a mother is financially empowered then the whole family is



empowered in all sectors viz. education, health, social etc.

The beneficiaries are:

1. Ms. Hoineikim Lupheng – running small variety store,
2. Ms. Nengkohat Haolai – running van passenger service
3. Ms. Kimboi Khongsai – running small variety store
4. Ms. Lhingnu Lupheng – piggery
5. Ms. Hoinu Haolai – Loin Weaving
6. Ms. Nengboi Misao – Loin Weaving





INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE-NORTH EAST)
THANGKANPHAI, P.O. SAIKUL, SADAR HILLS
MANIPUR-795118

BALANCE SHEET AS ON 31ST MARCH, 2014

LIABILITIES	AMOUNT	ASSETS & PROPERTIES	AMOUNT
GENERAL FUND A/C		FIXED ASSETS	
Opening Balance	5,950.00	Classical musical Instruments	4,000.00
		Camera Battery	150.00
		Office Seal	120.00
Add Surplus as per income & expend. account	10,503.00		
	16,453.00		
Temp[orary Borrowing	30,000.00		
		A) CURRENT ASSETS	
		Closing Balance :-	
		Cash at Bank	
		(Vijaya Bank A/c No. 860300301000003)	40,532.00
		Cash in Hand	1,651.00
TOTAL::	46,453.00	TOTAL::	46,453.00

Per our report of even date annexed

PLACE :: IMPHAL

DATED :: 20TH JULY, 2014



S.L. GANGWAL & CO
Chartered Accountants

Jyoti Kumar Jain
Partner

M No. 77000
F.R. No. 004649C



INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE-NORTH EAST)
THANGKANPHAI, P.O. SAIKUL, SADAR HILLS
MANIPUR-795118

RECEIPTS & PAYMENTS ACCOUNT FOR THE YEAR ENDED 31ST MARCH, 2014

RECEIPTS	AMOUNT	PAYMENTS	AMOUNT
To Opening Balance :-		By Programme Expenses :-	
Cash in Hand	1,680.00	(As Per Schedule "A")	651,979.00
Cash at Bank	NIL	By Bank Charges	707.00
To Local Contribution	121,700.00		
To Fund Transfer from CYC, Delhi	155,000.00		
To Fund Transfer from Bosco Institute	89,949.00		
To Fund Transfer from UNNITI Foundation	150,000.00		
To Registration Fee	9,750.00		
To Interest from Ms. Hoinekim	1,200.00		
To Interest from Ms. Hahat	1,800.00		
To Service Charges from SSNMT	60,000.00		
To TA Reimbursement from CYC	4,790.00		
To Christmas Carol	30,000.00		
To "Meet your leaders" event	30,000.00		
To Donation	9,000.00		
To Temporary Borrowing	30,000.00		
		By Closing Balance :-	
		Cash at Bank	
		(Vijaya Bank A/c No. 860300301000003)	40,532.00
		Cash in Hand	1,651.00
TOTAL::	694,869.00	TOTAL::	694,869.00

Per our report of even date annexed

PLACE : : IMPHAL

DATED : : 20TH JULY, 2014



S.L. GANGWAL & CO
Chartered Accountants
Jyoti Kumar Jain
Partner
M No. 77890
F.R. No. 004649C



INTEGRATED SOCIAL AND INSTITUTIONAL DEVELOPMENT FOR EMPOWERMENT (INSIDE-NORTH EAST)
 THANGKANPHAI, P.O. SAIKUL, SADAR HILLS
 MANIPUR-795118

SCHEDULE "A" OF PROGRAMME EXPENSES

PARTICULARS	AMOUNT
Staff Meeting	6,015.00
Honorarium	180,000.00
Office Maintenance	10,668.00
Organisational Development	36,260.00
Social Change	3,000.00
Skill Trainings on Classical Musics	13,000.00
Career Guidance Program	24,248.00
Job-Oriented Coaching	11,256.00
Staff Training	27,050.00
Teachers' Refresher Program	10,610.00
Micro-Enterprise	205,000.00
Seminar on Education Support	7,100.00
Support to Football Club	10,120.00
Smile Program for Children	3,995.00
Advance Christmas with Children	6,005.00
Travelling Allowance	3,880.00
Books & Account Training	4,457.00
Social Change	15,000.00
Unmanifesto Campaign	74,315.00
TOTAL ;;	651,979.00



Inside-NE Team:



Hejang Misao
Director



Manglen Touthang
Project Coordinator



Helun Misao
Associate Coordinator



Mimi Lumpheng
Youth Animator



Prescila Lupho
Volunteer



Lentinthang Misao
Accountant



Chochong Misao
Volunteer

Big thanks to our partners:



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